



Thoughtful Christianity

Helping think about our Christian faith

“Balancing Our Christian Life”

Some Background to the Matter.

A _____ Perspective

A _____ Perspective

My _____ Perspective

7 Elements of Thoughtful Christianity

- The _____ Bible
- _____ and theology
- Church _____
- _____ and Philosophies
- Christian _____
- Classic Christian _____
- _____ Christian Living

The Biblical Basis of a Balanced Life

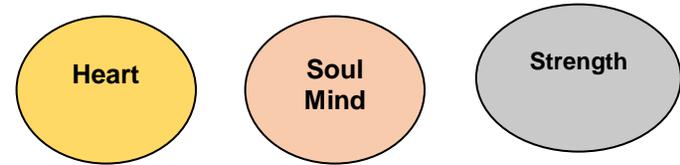
Hear, O Israel: The LORD our God, the LORD is one.⁵ **Love the LORD your God with all your heart and with all your soul and with all your strength.**⁶ These commandments that I give you today are to be on your hearts.⁷ Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.⁸ Tie them as symbols on your hands and bind them on your foreheads.⁹ Write them on the doorframes of your houses and on your gates.

(Deuteronomy 6:4-9)

One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, “Of all the commandments, which is the most important?”²⁹ “The most important one,” answered Jesus, “is this: ‘Hear, O Israel: The Lord our God, the Lord is one.’³⁰ **Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.**’

(Mark 12:28-30; Matt. 22:37; Luke 10:27)

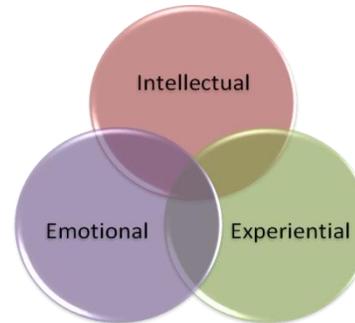
Balancing the Three Areas



The Process to Balancing



Working Toward a Fine Balance



My default style is:

My usual combination is:

My weakest area is: